

Jeannine Skinner, RDN

jeannineskinner@gmail.com

801-513-9976

Portfolio: jeannineskinner.weebly.com

Education & Experience

Utah State University, Completion of Distance Dietetic Internship

Mar 2016

Brigham Young University, B.S. in Dietetics, Minor in Music

Apr 2013

Work Experience

Registered Dietitian, Salt Lake County Health Department- WIC Public Health Nutritionist Oct 2016-Present

- Counsel and educate pregnant and breastfeeding women on breastfeeding and general health topics
- Completed two, 45-hour advanced breastfeeding courses to help educate and support breastfeeding women
- Assisted training 3-4 new RDs & updated training materials. Presented on nutrition/breastfeeding topics at in-service
- Nutrition Education Committee member: Contributed suggestions to improve state WIC materials (2018-2020)

Diet Tech III, Intermountain Medical Center, Murray, UT (2 years full-time) June 2013- Oct 2016

- Conduct initial screenings/assessments & review patient medical records for 10-20 new admits daily
- Serve patient meals within diet restrictions; ex: renal, cardiac, or diabetic diets (w/ESHA software)
- Present at diet tech huddles & in-services to improve skills & knowledge
- Train new techs, & complete projects with Clinical Nutrition Educator (training manual, requisition form, surveys, etc.)

Captain, BYU Catering (Progressed from Wait Staff to Captain), Provo, UT (900 hrs) 2010 - 2013

- Supervised, trained, & coordinated up to 40 wait staff to set-up, serve, & clean-up catering events (800+ guests)
- Acted as liaison for guests & staff; planned event décor with event coordinators
- Independently gathered & organized materials to prepare for football events & regular banquets

Baker's Assistant, Culinary Support Center, Provo, UT (260 hrs) June 2012- Aug 2012

- 30+ hours/week; decorated cakes, made & frosted éclairs, & completed other tasks assigned by pastry chef

Lab Assistant, BYU Sensory Analysis Lab (300 hrs) 2011 - 2012

- Reconciled cash funds; assisted the client as a kitchen assistant; scheduled panelists and explained taste-testing panels as the receptionist
- Designed bulletin board for Food Science Major; created & printed labels for taste tests

Volunteer Service

Home Evening Group Co-Chair, The Church of Jesus Christ of Latter-day Saints (2-5 hrs/wk) June 2020- Present

- Coordinate & plan weekly events for ~100 people with another co-chair. Train and delegate to 8 additional group leaders

Activities Co-Chair or Committee Member, The Church of Jesus Christ of Latter-day Saints (2-5 hrs/wk) 2015-2017

- Coordinate & plan activities for up to 150 people & implement marketing strategies for single adults in my community

Publicity Co-Chair, The Church of Jesus Christ of Latter-day Saints (3-5 hrs/wk) Aug 2013- Dec 2014

- Created a weekly handout; publicized events to 150+ young single adults, managed social network group

Sunday Activities Co-Chair, The Church of Jesus Christ of Latter-day Saints (5 hrs/wk) Sept 2012-Apr 2013

- Organized, prepared, and publicized one meal a month for 150 people; planned & delegated assignments

Nutrition Coach, BYU Wellness (100 hrs) Apr - Dec 2012

- Developed diet tracking & follow-up appointment materials to support clients in lifestyle changes

"Fed Up with Food" Mentor, BYU Women's Resources & Services (100 hrs; 2-3 hrs/wk) 2011 - 2013

- Supported young adult females dealing with eating disorders by one-on-one and group meetings

Skills, Certifications, & Memberships

Registered Dietitian/Certified Dietitian

86006328

June 2016- Present

UAND/AND Member

2011- Present

Interests: Singing, ballroom & country dancing, baking, volleyball, hiking, piano, tennis, and running